Thank you to our Funders and Support from our Community Partners during another challenging year with COVID-19



Our ultimate goal is to see that each person who comes through our door leads their best

life.



# **Annual Report**

## Westover Treatment Centre

## Message from the Alumni

The Westover Alumni continues to grow, over the past year clients have come through the doors and leave as Alumni, we continue to give back each and every day!

The past year has been quite different from what we have been use too in the past, that has not stopped the alumni from being active in recovery and showing up!

There is nothing like the fellowship in recovery, being able to connect through zoom recovery support meetings and our private closed face book page has kept us excited to give back.

The year started out with the Peer Mentoring Group those involved were able to stay in house and mentor the first group of clients that came into the house for the new year. The Peer Group have the privilege of mentoring the first group in house, helping them understand they are not alone, and experiencing the strength of those who are walking the path of recovery.

Without having our events usually held over the years, the alumni stepped it up and through zoom, holding fundraisers online, showing what recovery is truly about, this has been a huge part for the Alumni here at Westover, the support and dedication continues. This includes Donations from Alumni which has been a big part of our way of raising funds to help with many projects that Westover has been able to achieve.

Some alumni have been very fortunate to be able to come to the Centre, Clarence D. is an example of giving back as he is here every Friday to sell the Westover Swag at commencement, he rocks it every week, without his generous time given many of the improvements completed at Westover would not be possible.

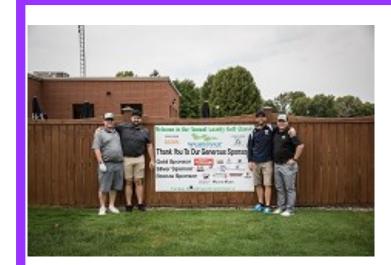
Also, a big thank you goes out to all those who take time out of their schedules to come and do 5th steps, they continue to save lives.

Every one of us deserves a big shout out and should be very proud to be part of such an amazing place that saves lives one day at a time!

Miracles happen everyday because of Westover! We alumni are blessed beyond words to have the privilege and honor to say Westover Gave Me My Life Back. One day at a time!

Westover Strong!

Hope is not Cancelled

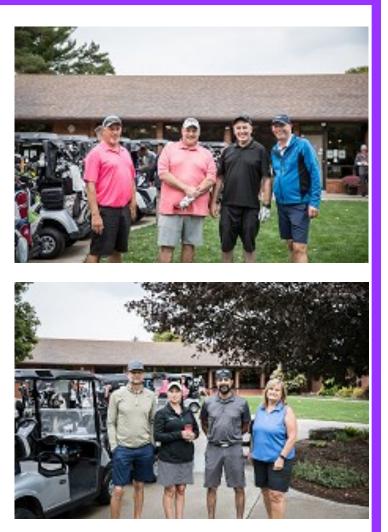




Covid was still around but Westover Tournament at Maple







### Covid was still around but Westover was able to host the Annual Charity Golf

### Tournament at Maple City Golf and Country Club



#### FINANCIAL REPORT Operating Fund April 1, 2021 to March 31, 2022

REVENUE	2021-2022	2020-2021
OH Subsidy	1,638,176	1,586,676
OH Special Funding	151,623	137,804
Private Pay	283,000	303,300
Total Revenue	2,072,799	2,027,780
EXPENSES		
Operating Expenses	2,078,733	2,031,409
Deficiency	(5,934)	(3,629)

Admissions for Residential Programs 3 Week Substance Use Disorder 1 week Co-Dependency 1 Week Stage Two	<b>2021-2022</b> 558 179 99	<b>2020-2021</b> 497 168 94
<b>Recovery Support Meetings</b> Individual Clients Registered Client Visits over 14 locations	841 9,417	643 10,607
Weekend Program Individual Family Members Days attended	403 791	0 0
Addiction Assistance Rides arranged	48	0

### WESTOVER STAFF

### Executive Director Laird Brush

# Directors:

Jeffrey New , Pam Giles Mike Hannon, Mike McGilvery Jane Elliott, Ron Paterson, Jennifer Lebert

### **Counselling Staff:**

Kendra Bosse, Crystal Derby, Bev Goodison, Stacey Losiak, Brenda Mills, Sarah Montes, Julie McCormick, Wes Mussato, Anna Power, Deb Pretty, Kimberly Quann, Gail Redmond, Patricia Swain, Robert Rintjema, Megan Munro, Lauren McKerrall, Tasha Washburn

### Kitchen, Housekeeping, Maintenance:

Tracy Munro, Anito McLuskie Tammy Clancy, Joe Pretty, Karlie Macmullin

Frank Trepanier

### MESSAGE FROM BOARD OF DIRECTORS

On behalf of the Board of Directors, I would like to commend the staff, Alumni and volunteers of Westover for their extraordinary work.

It has been another challenging year coping with the pandemic, but Westover managed to stay open and actually improved their ability to meet the needs of our clients.

> Extraordinary people doing extraordinary work! Mark Allott Board Chairperson

### **BOARD OF DIRECTORS**

Board Chairperson - Mark Allott Vice Chairperson—Phoebe Murray Secretary/Treasurer - Nicole Rice

Janice Cleary Matthew Denbok Lauren Donohue Allison Hutson Dr. Viraj Mehta Julie Rhodes David Sherman John Zarebski Diana Rank

### **EXECUTIVE DIRECTOR'S REPORT**

#### **Annual General Meeting Report 2022**

Westover Treatment Centre exists to enable individuals and their friends and family to recover from Substance Use Disorder and Codependency, in order to lead healthy and productive lives. Our ultimate goal is to see that each person who comes through our doors leads their best life.

With guidance from our volunteer Board and the support of the Ontario Health West, the Centre is financially sound. We are working closely with the Chatham-Kent and Sarnia-Lambton Ontario Health Teams, and all our partners, to continue to provide lifesaving and life-changing treatment for our clients.

This past year, much like the year before, has posed many unprecedented challenges yet the COVID-19 pandemic has allowed us a chance to do some extraordinary things here at Westover. Thanks to the combined efforts of a truly remarkable and talented staff, Westover Treatment Centre has not only continued to accept clients into all our residential programs, but we are also now offering more treatment options than we were pre-pandemic with <u>no change to our funding</u>. Prior to COVID-19, we offered one Weekend Family Program option. We now have two. Prior to COVID-19, we offered one Recovery Support option. We now offer two. Not to mention developing, implementing, facilitating, and expanding our Virtual Day Program. A great deal of work has gone into developing and implementing virtual programming here at Westover and represents a remarkable accomplishment. Congratulations go out to all involved, but we're not done yet and there is a lot more work to do.

Since the onset of the pandemic, Westover has taken decisive and immediate action with the ever-evolving dynamics of COVID-19. The safety of staff and clients has been, and remains, the top priority. With the loosening of restrictions in the community and relaxing of government mandates, we have shifted our efforts from pandemic response to recovery and transformation. While we continue to offer virtual options, all our programs are open.

The demand for addiction and mental health services are expected to grow within our society as a direct result of the pandemic. Education, <u>appropriate and adequate funding</u>, changes in attitudes towards those with addiction, and reducing the stigma surrounding the disease will remain key issues going forward. Westover is well prepared to meet these challenges.

These are exciting times here at Westover with the potential for growth and positive change. I am confident that we are up for the challenge and will continue to change minds and save lives.

